CRISIS AND SUICIDE PREVENTION **INFORMATION**



CRISIS TEXT LINE

Text 741741 from anywhere in the USA to text with a trained Crisis Counselor.



THE TREVOR PROJECT

Crisis intervention and suicide prevention for LGBTQ youth 24/7.



Deaf, Hard of Hearing

DEAF AND HARD OF HEARING

If you are hard of hearing, you can contact the National Suicide Prevention Lifeline Chat at suicidepreventionlifeline.org/chat

Help a loved one, friend, or yourself.



NATIONAL SUICIDE PREVENTION HOTLINE



TEEN LINE

teen

teens helping teens Text "TEEN" to 839863 between 6pm-9pm to speak with trained teens

> Call (800) TLC-TEEN from 6pm to 10pm

SUICIDE PREVENTION CENTER

